



Camp TOV- Day Itinerary*

*this is only an example, everything stated below is subject to change

- 7:30 a.m. Pick up campers from pre-determined locations
Bus activity
- 9 a.m. Arrive at CJE SeniorLife facility, breakfast
- 9:15 a.m. Icebreaker
- 9:30 a.m. Activity– Exploring our fears
- 9:45 a.m. Activity–Unique Things We Have in Common with Seniors & ways to Initiate Conversation
- 10 a.m. Volunteer projects
-Friendly visiting with seniors
-Arts and Crafts in the social hall
-Bingo with the residents
-Manicures
- Noon Lunch
- 12:30 p.m. Speaker/presentation with experiential exercises
- 1 p.m. Continue to volunteer
-Karaoke with the residents
-Games and Nintendo Wii with the residents
-Friendly visiting with the residents
-Arts and Crafts in the social hall
- 3 p.m. Depart CJE SeniorLife
- 3:30pm Bus activity – Reflection, and design an activity for the seniors
- 4 p.m. (estimated) Arrive at pre-determined drop-off point